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CHARLESTON -- Cabell Midland won seven events and dominated the boys lineup of teams Friday night in the Mountain State Athletic Conference track and field meet at University of Charleston Stadium (Laidley Field).

Cabell Midland won the boys meet with 131 points, outdistancing runner-up St. Albans with 77 points.

Hurricane girls also won seven events on their way to a team championship.

David Bias for Cabell Midland won the 800 with a meet record time of 1:56.69. Bias also broke the school record of 1:56.80 set by Casey Batey in 1996.

Bias also won the 1600 (4:26.98).

Brian Dilcher, Drake Kinzel, John Thompson and Ryan Ramsby from Cabell Midland set a meet record with a winning time of 56.32 seconds in the 4x110 shuttle hurdles. It was the fastest time in the state this spring by almost two seconds.

Dilcher also won the pole vault (12-6) while Ramsby won the long jump (22-2.25).

Cole Bowers for the Knights was the shot put winner (50-5.50).

Cabell Midland took first place in the 4x400 with Rusty Ross, Aaron Ross, Bias and Cullen Young in a time of 3:30.54.

Josie Crouch for the Hurricane girls was a double winner in the 400 (58.93) and 800 (2:22.01) and Alex Dent placed first in the 1600 (5:22).

Brittany Carey from Hurricane was first in the 200 (26.09) while Christina Austin won the shot put (39-9.50).

Hurricane also won the girls 4x400 and 4x800 relays.

Carey, Abby Barber, Jennifer Donovan and Crouch had a time of 4:11.55 in the 4x400. Dent, Davis, Sahara Assi and Crouch ran 9:52.02 in the 4x800.

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