



DREAM MILE

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More from last weekend

- **Miling magnificance in Mo., Mi.** - In the **Festival of Miles** in St. Louis, Emily Sisson MO blazed a US#2 4:48.20 in competition vs. college/open athletes | **Emily Sisson feature** | Regionals brought out the best in Michigan stars as frosh **Hannah Meier** smoked a 4:45.0h 1600 at the **10-D1 Champs** and **Omar Kaddurah** rolled a 4:07.2h at the **3-D1 Champs**.
- **4A 3-peats in Alaska** - The Bartlett boys and Dimond girls continued to rule at the **AK State Meet** - Bartlett despite Silas Talbot's distance/jump heroics. Distance star **Jacob Kirk** paced Grace Christian boys in 1A2A3A.
- **Big jumps double by Covington in ID** - Overall state meet record 49-10.25 TJ, plus 24-05.25 LJ for **Kasen Covington** at **Idaho State Meet**. **Landon Watts**, **Allee Cooper** key Eagle's 5A boys and girls title sweep.
- **Youth served in W. Va.** - Frosh **Jacob Burcham** (distances), **Emily Godwin** (hurdles/HJ), and **Dante Price** (sprints) impressed mightily at the **West Virginia State Meet**. The Jefferson boys, **Buckhannon-Upshur** girls took Class AAA titles.
- **2 US#1s at Cali. SS Div's** - Great marks at **Cali. SS Div. Champs** led by **Jessica Davis** 23.42 200 (+1.9w), **Josh Mance** 46.32 400 ... and much more | **Jenna Pradini** had a great quadruple in the **Central Section Masters**.
- **Strong triples for Anderson, Winter in Co.** - **Olivia Anderson** and **Conner Winter** shone brightly at the **Colorado State Meet**. In 4A, **Trevor Brown** 13.85w 110H/ US#5 36.81 300H | **Phil Latter** **Final Day story**.
- **4 girls quadruple in Ia.** - **Katie Flood**, **Hannah Willms**, **Alex Gochenour**, **Jessica Gehrke** top stars at **Iowa State Meet** | **Brian Peterson story**.
- **OR 3A: Watson rolls in the rain** - Current **1500 US#1** **Cole Watson** sets 3A meet record 3:55.76, wins 3k at **OR 1A/2A/3A State Meet** | **Doug Binder story**.
- **Vollmer a 1-girl show in Mo. 2A** - Multis star **Lindsay Vollmer** quadrupled for Penney's girls champs in the first weekend of the **Missouri State Meet**.
- **NC 4A: Z.B. Vance boys, Wakefield girls** - **Jarrett Samuels** led Vance; relays win for **Wakefield** in 4A at **North Carolina State Meet** Saturday.
- **More state meets** - **Nebraska**, Nevada, Rhode Island (classes), and **Wyoming**.



POST SEASON STARTS SOON

Golden South - May 29, Orlando.
Great Southwest - June 3-5, Albuquerque.
 US#1 sprinter **Octavious Freeman** doubled in both meets last year and will try to do it again this year. Several other national stars will compete, and John and Donna Dye will provide on-site coverage at both meets.

Top 5 distance performers of the week - **Scott Bush** selects the 5 best from last weekend in his latest **Distance Gala Weekly**.

IL girls: Monster double for Card - **Kelsey Card** US#5 48-09.75 SP and #3 167-04 DT at the **Illinois Girls State Meet**. Team titles to **Hinsdale (AAA)**, **Byron (A)** **Springfield Southeast (AA)**.

Fitz sub-1:50 - **Chris FitzSimons** CT US#3 1:49.8h at **Danbury Dream Inv** CT. **Matt Jablonski** MD US#1 9:02.0h 2M, **Conner Stauffer** US#2 6:02.5h 2k ST | **Nick Vena** over 72' again at **NJ State Sectionals**.



TFX stats | **College Choices 2010** - Tell **Donna Dye** where you're going | Send **results-rankings** |

LATEST MEET RESULTS

5.25.10	NJ Bergen Meet of Cham	Hackensack, NJ
5.25.10	CT CCC East Champs	Tolland, CT
5.25.10	CT CCC West Champs	Newington, CT
5.25.10	CT SCC Champs	Wallingford, CT
5.25.10	NY Longwood Frosh-Soph	Longwood, NY
5.25.10	Northern Sec. D1	NS area, CA
5.24.10	NY Tri Valley Boys Cha	New Hartford, NY
5.24.10	NY PSAL Brooklyn Champ	Brooklyn, NY
5.23.10	Class A Area-NCS	Sta. Rosa, CA
5.23.10	BayShore Area-NCS	Union C., CA
5.23.10	NY CHSAA Championships	New York, NY
5.23.10	CT ECC Champs	Montville, CT
5.23.10	San Diego Prelims	San Diego, CA
5.23.10	CCS Semifinals	Gilroy, CA

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NEWS LOG

- 5.25.10 [NJ Bergen Meet of Champs - Girls gallery](#) 106 action photos by John Nepolitan
 - 5.25.10 [NJ Bergen Meet of Champs - Boys gallery](#) 122 action photos by John Nepolitan
 - 5.25.10 [NJ Bergen Meet of Champs](#) Rae Corbo sets meet history with first triple jump win
 - 5.25.10 [CT SCC Champs](#) Big marks by Rachel Aliotta, Chris FitzSimons and Hand 4 x 800
 - 5.25.10 [NY Longwood Frosh-Soph](#) US #1 for 2000 steeple for Mary Kate Anselmini
 - 5.24.10 [IL IHSA Girls State Championship recap](#) Recap of the 2010 IHSA Girls State Championships.
 - 5.23.10 [NY CHSAA Championships](#) Meet MVP's Patrick Farmer and Katie Gallagher lead St Anthony's to a sweep of the team titles
 - 5.23.10 [NY Section 1 Class B](#) A second week of a Megan Young fast double
 - 5.23.10 [NY OCIAA Champs- girls photo gallery](#) 200 action photos by John Nepolitan
 - 5.23.10 [NY OCIAA Champs- boys photo gallery](#) 164 action photos by John Nepolitan
 - 5.23.10 [CT Danbury Dream Invite Photo Gallery](#) 101 action photos from John Nepolitan
 - 5.23.10 [NJ State Sectionals](#) Highlights and results from around the State
- [READ MORE](#)

GALLERY



[NJ Bergen Meet of Champs - Boys gallery](#)
122 action photos by John Nepolitan



[NJ Bergen Meet of Champs - Girls gallery](#)
106 action photos by John Nepolitan



[CT Danbury Dream Invite Photo Gallery](#)
101 action photos from John Nepolitan

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FEATURES

VOICES



STEVE "STEVEU" UNDERWOOD
 TRACKSTERS to FLOOD FIGHTERS - Fargo ND teams miss state, help save city.
 >>STEVEU Archives

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 Summer Distance Rocky Mtn XC C
AAU WEST COAS JUNIOR OLYMPIC GAMES T&F CHAMP

TRACK & FIELD CHAMPIONSHIPS



DAVE DEVINE

GREER, IN GEAR - A tough day at practice for Elijah Greer still yields lessons.

[>>DEVINE Archives](#)

RECENT FEATURES

RW Coach of the Week: James DeMarco - The first Running Warehouse Coach of the Week for 2009, James DeMarco of Blacksburg VA

The Lambkin Way - Part 1: One point A highly successful program from CO the last few years, the Ft. Collins girls have twice finished 7th at NXN and are ranked US#10 in the latest FAB 50. Assistant coach Phil Latter is chronicling their season for DyeStat.

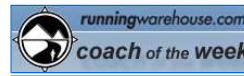
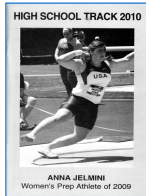
Cowboy Jamboree - Donna on the Side - Donna Dye brings you all the sideline scenes from Stillwater.

Star/Squad Spotlight - Rolonda Jumbo AZ - DyeStat senior editor Dave Devine meets Rolonda Jumbo of Chinle AZ, an unassuming sophomore who might just be the best harrier you've never heard of.

Star/Squad Spotlight - Index - A new feature profiling one top individual and one elite team each week.

Star/Squad Spotlight - Haddonfield NJ - DyeStat senior editor SteveU chats with the Haddonfield Memorial Bulldogs, who have been a US top ten power so far this season and aspire to match their comrades from 2001 atop the podium at the NJ MOC

INDISPENSABLE PRINT RESOURCES



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