

[\(sports\) 2010 State Track Meet Recap](#)

Written by John Meadows

Monday, 24 May 2010 11:00

This past weekend Charleston hosted the West Virginia State High School Track and Field Championships. Schools represented the entire state and of with all sizes the competition was fierce! The question is was it worth watching? John Meadows knows first hand!

It started early on Friday. I had to be there earlier than most. I was acting as an official on behalf of the West Virginia Secondary Schools Activities Commission. The threat of rain lingered on both days. If I had been officiating in the pouring rain I would not have been a happy camper! It managed to hold off for the majority of the weekend.

The meet was an exciting one for me this year for several reasons:

- 1.) **It was my first time officiating.**
- 2.) **My first time watching the meet as a non-competitor.**
- 3.) **Some of the most talented runners in West Virginia *HISTORY* are competing.**

Since I am a distance runner. I love watching distance races on the track (800m-1600m-3200m).

Good thing I had front a row seat to some of the most exciting races to ever take place at Laidley Field. There were several races back to back Friday night that were great! The most intense races of Friday and Saturday (and possibly of the entire season) took place on Friday evening. It was the Boy's AAA 3200 meter run. There were probably 4 guys who could take the cake on this one. [Jacob Burcham](#) who is a national caliber freshmen from [Cabell Midland High School](#) is causing quite the commotion and is the favorite to win. Some even speculate the kid has a shot at the Olympics and some even compares him to the late [Steve Prefontaine](#). This kid is "unstoppable".



By the end of the race the state record had been broken. It wasn't Burcham who came out victorious.



[Dayton McVicker](#), a junior, from [Fairmont Senior High School](#) was the victor in a new state meet record of 9:14.23. The race coming down to the last 100 meters. The talented junior along with several other runners had been overlooked in the shadow of Jacob Burcham all year. Well, they prevailed this past weekend! McVicker has expressed interest in attending [Wisconsin](#) for college, which is a known distance running powerhouse. So the possibility of several runners from West Virginia becoming nationally known exists. The sad thing most West Virginians don't even realize this talent pool exists in our great state!

Are the Olympics possible for more than just Jacob Burcham? You decide! There are plenty of other races to check out that were extremely exciting throughout the weekend. For videos, photos, and results be sure to check out [WVRunners](#), [RunWV](#), and [TriStateRunnur](#).



[Next >](#)

Last Updated on Monday, 24 May 2010 13:24