

# Cabell Midland 5K Course Records

## Boys 5K Record

**15:49.00**

Jacob Burcham – Cabell Midland (2010)

## Girls 5K Record

**18:28.14**

Letitia Propst – Elkins (2008)

## Team Average Record

**16:55.00**

Cabell Midland - 2010

## Team Average Record

**20:01.31**

Morgantown - 2007

### Boys Top 35 All-Time Athletes

1	Jacob Burcham	Cabell Midland	15:49	2010
2	Zach Tennant	North Marion	15:53	2008
3	Cody Pelliccioni	Morgantown	15:57	2008
4	Levi Grandt	Doddridge	16:07	2007
5	Cory Hampshire	Jefferson	16:10	2008
6	Peter Schwarzenberg	Preston	16:14	2010
7	Ryan Beabout	Wheeling Park	16:15	2007
8	Lenny Roach	Berkeley Springs	16:16	2008
9	David Bias	Cabell Midland	16:24	2007
10	Eric Cooper	Cabell Midland	16:25	2003
11	Dayton McVicker	Fairmont Sr.	16:27	2010
11	Kyle Gramlich	Wheeling Park	16:27	2008
13	David Caldwell	South Charleston	16:31	2008
14	Brandon Doughty	Jefferson	16:32	2009
15	Stewart Jones	Weir	16:36	2007
16	Larry Atkins	Huntington	16:38	1998
16	Craig Pritt	Preston	16:38	2008
18	Tanner Mattie	Fairland (OH)	16:39	2010
19	Andrew Benford	Ravenswood	16:40	2003
19	Ben Lukowski	St. Albans	16:40	2001
19	Logan Wojcik	Wheeling Park	16:40	2008
22	Preston Whitney	Ripley	16:43	2009
23	Chris Snell	Ravenswood	16:45	2002
24	Mikey Guinn	St. Albans	16:47	1998
25	Nathan Rees	Ravenswood	16:48	2008
25	John Munday	Berkeley Springs	16:48	2009
27	Brody Born	Preston	16:49	2010
27	David Ciarollo	Fairmont Sr.	16:49	2008
27	Greg Cooke	Cabell Midland	16:49	2002
27	Ryan Smith	Cabell Midland	16:49	2009
31	Ronald Read	Weir	16:50	2008
31	Casey Batey	Cabell Midland	16:50	1996
31	Russell Mulley	Wheeling Park	16:50	2008
34	Adam Frohnafel	University	16:51	2008
34	David Rhodes	Tucker Co.	16:51	2008

### Girls Top 35 All-Time Athletes

1	Letitia Propst	Elkins	18:29	2008
2	Courtney Yaeger	Wheeling Park	18:31	2008
3	Ari Kasprowicz	Preston	18:41	2008
4	Allison Pettit	Morgantown	18:49	2007
5	Peyton Adkins	Gallia Academy (OH)	19:01	2008
6	Hallie Portner	University	19:12	2007
7	Alex Dent	Hurricane	19:13	2008
8	Megan Truelove	Winfield	19:14	2008
9	Andrea Nickerson	Jefferson	19:15	2008
10	Sarah McCauley	Philip Barbour	19:21	2010
11	Jordan McDonald	North Marion	19:21	2008
12	Alyssa Boucher	Jefferson	19:22	2008
13	Josie Crouch	Hurricane	19:23	2008
14	Emma Berry	Morgantown	19:30	2007
15	Rebekah McBride	Frankfort	19:32	2008
16	Sarah Martinelli	University	19:33	2008
16	Chelsea Jarvis	Capital	19:33	2007
18	Ashley Teets	Preston	19:35	2007
18	Rachel Buser	Berkeley Springs	19:35	2007
20	Amber Riley	University	19:41	2006
21	Chelsea Clark	Fairmont Sr.	19:42	2009
22	Desiree Roseberry	Shady Spring	19:43	2008
23	Lydia Martinelli	University	19:44	2007
24	Keri Bland	North Marion	19:45	2005
25	Morganne Phillips	Bridgeport	19:46	2010
25	Jorden Thornton	Cabell Midland	19:46	2009
27	Maggie Drazba	St. Marys	19:49	2010
28	Jordan Hamric	Preston	19:50	2007
29	Kerrie Small	Parkersburg South	19:50	1997
30	Kaylyn Christopher	Preston	19:52	2006
31	Carissa Guyer	Hampshire	19:53	2008
32	Rachel Riley	Cabell Midland	19:56	2005
32	Jennifer Povick	Sissonville	19:56	2002
34	Rana Conneway	Hampshire	19:57	2007
35	Erika Voreh	Bridgeport	19:59	2009